



Reset Wave

Med Islands Sailing

Yacht.Catamaran

• 2024



Journey Begins:

- Airport Palermo, Airport Catania ~2+ hours drive to Marina Portorosa
- A drop stop at supermarket for provisioning
- Option to order groceries delivery from the supermarket
- <https://www.supersigma.com/>
- Arrival to the Marina Portorossa, meeting the group at the cafe, indulging the cappuccino
- After the boat accepted, embarkation and safety briefing
- Early departure - depends on the circumstances
- Bon voyage and fair winds
- Return to Base on Friday, replenish the fuel at the Base Marina or Lipari fuel station





What to Bring:

- The best time to try out minimalism!
- Sun protection: sunscreen SPF 30+, hat with brims and strings/ties, sunglasses with polarization. Aloe vera balsam, panthenol foam. Re-apply regularly.
- Outfit: Long sleeves or tee-shirt with relaxed fit. Comfy shorts or pants. A windstopper or jacket for evening cool and wind chill. Fleece sweater just for anyone.
- swimsuits, at least 2pcs
- Shoes on board: preferably barefoot or in socks, otherwise non-marking, skidproof tight on the foot, no flip-flops or thong slippers.
- Dinghy shoes - the one you're OK to put into salt water, some protection from the sea urchins.



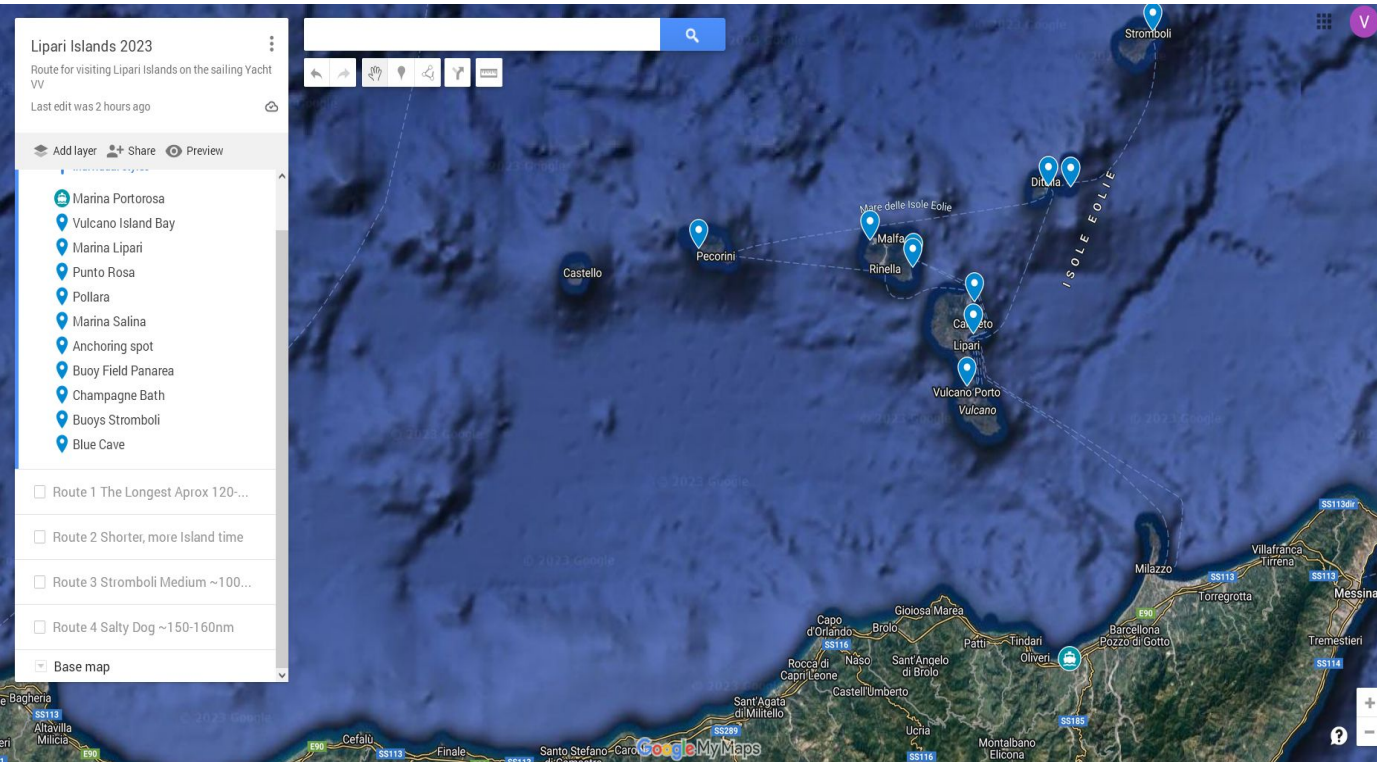
What NOT to Bring:

- Huge hard suitcase, it might not fit the boat entrance, if it does- you'll be sleeping with it in the bed.
- Kitchen utensils, all such stuff is provided on the yacht
- Tight or restrictive clothing
- High heel shoes, exception pre- or after-party onshore
- Jewelries, including chains and rings, due to high risk to drown it for good.
- Work to catch up, reports to finish and other routine stuff - You're on Holidays!

Soft or foldable bag is OK,
or any bag that classifies as
Hand Luggage



The Routes



- [Link to the Interactive map](https://www.google.com/maps/d/u/1/edit?mid=1Jcae4TJ-66RtfYpKOXHGcoSpRKnOfV4&usp=sharing)
- <https://www.google.com/maps/d/u/1/edit?mid=1Jcae4TJ-66RtfYpKOXHGcoSpRKnOfV4&usp=sharing>
- Gastronomic
- Relaxed
- Islands Explorer
- Looks from the Sea
- Volcano Trip
- Self sustainable
- Less Sailing
- More Sailing
- Salty Dog
- No foot on land



Points of Interest,
Must Have Visited.
Volcano Island

- Anchor in the Bay
- Take Dinghy to the black sand beach
- Walk to the lake, with mud
- Cover yourself in mud
- Rinse the mud
- Put on the shoes and walk to the crater, for daredevils
- Return to the Negri Beach
- Wave the captain or simply call the mothership for dinghy, exhale.



Points of Interest, Must Have Visited. Lipari Island



- The Capital
- Comfy walking shoes, and 2-3 hours of wandering
- Floods some streets at high tide
- Morning market to restock veggies and fish to cook onboard
- Marina stay, mostly calm
- Plenty of souvenir shops, some are authentic
- Small buggy-car rent, narrow old streets, hard to get lost
- Panoramic views uphill



Points of Interest,
Must Have Visited.

Lipari Island

- Worth revisiting on the way back
- Possibility to re-fuel, and get some water



Points of Interest, Must Have Visited. Stromboli Island

- Active Volcano
- Summit is closed since 2019
- Afternoon trip is possible to the alt. 400m. Guided only.
- HeadLamp or fleshlight is mandatory so as water.
- No place to anchor, only couple of paid buoys, or just drifting and waiting
- starts usually at 15-16:00, prior booking required
- Boots can be rented, but normal kiks/trainers are OK, as any other tight sitting ones
- Furtherst Island from the Base ~ 30nm



Points of Interest,
Must Have Visited.

Panarea Island

- Closest Island from the Stromboli volcano
- No place to anchor, but plenty commercial buoys, with taxi boat to shore
- Volcano can be heard if erupts
- Useful stop to spend the night
- Close to Champagne Bath, need mask, snorkel and fins, to see the bubble coming from the sea bed

Points of Interest,
Must Have Visited.

Salina Island



- Typical Aeolian Island, stuck in time, somewhere in the 50th or 60th
- Small Marina, but convenient to spend a night
- Some restaurants, serve only the fresh catch of the day, usually prior booking of the table required
- Pollara – picturesque cape with clean water and some civilization remnants to stalker, usually overcrowded with various boats, worth the visit though. Very instagranic place.



When Captain speaks,
everybody listens

